



# Interferon in MPN: Long-term results and future studies

Jean-Jacques KILADJIAN, MD, PhD

Clinical Investigations Center, Saint-Louis Hospital, Paris  
Paris Diderot University

# IFN in MPN

- ✓ Biological rationale for the use of interferon in MPN
- ✓ Clinical trials of IFN in MPDs
- ✓ IFN effect on the MPD clone
- ✓ Perspectives

# INTERFERON

1957: IFN is the first cytokine discovered (*Isaacs & Lindenmann*)

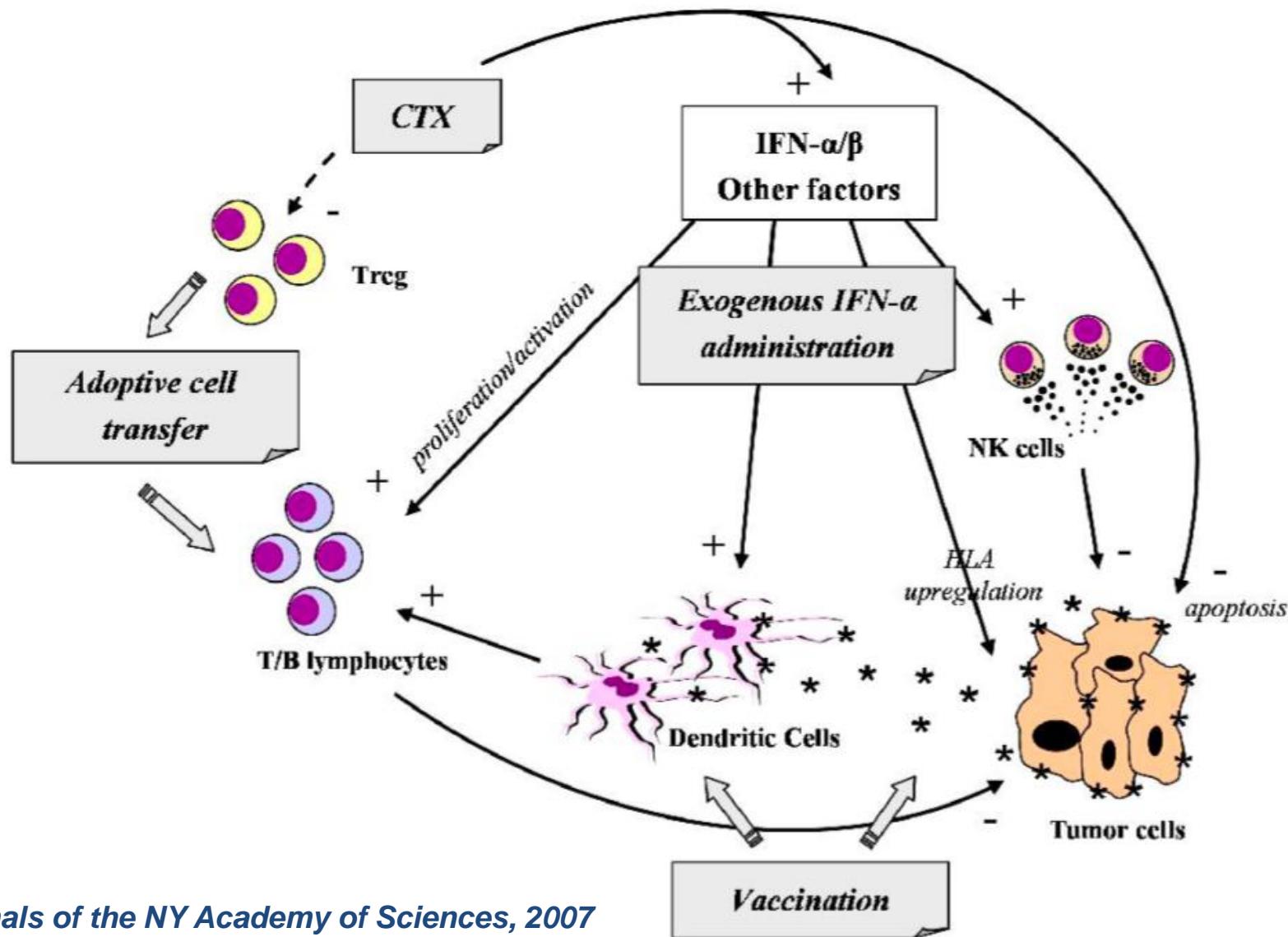
1978: purification, analyses and characterization

1980: Cloning recombinant human IFN-alpha and beta

1986: FDA approval for the treatment of Hairy cell leukemia

1985 - 1988: First reports of efficacy in ET (*H. Ludwig*) and PV  
(*R. Silver*)

# ACTIVITIES OF INTERFERONS



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- ✓ Stimulate the cytotoxic activity of T-cells, NK, monocytes, macrophages, DC (antiviral and antiproliferative activities)
  - ✓ Increase the expression of tumor-associated and MHC-I antigens
  - ✓ Induction and/or activation of proapoptotic genes and molecules (TRAIL, caspases, Bak, Bax)
  - ✓ Repression of antiapoptotic genes (Bcl-2, IAP)
  - ✓ Antiangiogenic activity
- 
- The diagram shows the biological activities of interferons (IFN). A central box labeled "Exogenous IFN- $\alpha$  administration" has arrows pointing to three main target cells: "T/B lymphocytes", "NK cells", and "Tumor cells".
  - From "T/B lymphocytes": An arrow labeled "proliferation/activation" points to a box labeled "transfer", which contains "Treg" and "T cells".
  - From "NK cells": An arrow labeled "apoptosis" points to a box labeled "Tumor cells".
  - From "Tumor cells": An arrow labeled "induced apoptosis" points to a box labeled "Vaccination".Other arrows from the central box point to "IFN- $\alpha/\beta$ " and "Other activities".

# ACTIVITIES OF INTERFERONS IN MPN

- ✓ Inhibit MK proliferation and TPO-induced MPL signaling

*Wang, Blood, 2000*

- ✓ Inhibit EEC and endogenous MK colony growth

*Dudley, Br J H, 1990; Castello, Br J H, 1994*

- ✓ Predominant activity against clonal BFU-E

- ✓ Antagonizes PDGF, inhibits the growth of marrow-derived fibroblasts

# ACTIVITIES OF INTERFERONS IN MPN

- ✓ Induce cytogenetic remission

*Hino, Ann Hematol, 1993; Messora, Br J H, 1994*

- ✓ Reversion from monoclonal to polyclonal patterns of hematopoiesis

*Massaro, Am J Hematol, 1997; Liu, Blood, 2003*

# **IFN in MPN**

- ✓ Biology of Interferons
- ✓ Clinical trials of IFN in MPNs
- ✓ IFN effect on the MPN clone
- ✓ Perspectives

# Clinical Studies - PV

<i>Author, year</i>	<i>Number of patients</i>	<i>Reduction of PHL (%)</i>	<i>Freedom from PHL (%)</i>	<i>Discontinuations 1<sup>st</sup> year (%)</i>	<i>Discontinuations total</i>	<i>Type of IFN</i>
Cacciola, 1991 <sup>69</sup>	11	9 (82)	5 (45)	0	NA	NA
Cimino, 1993 <sup>70</sup>	13	10 (77)	4 (31)	0	NA	α2b
Finelli, 1993 <sup>71</sup>	13	11 (85)	11 (85)	3 (23%)	NA	NA
Turri, 1991 <sup>72</sup>	11	7 (64)	4 (36)	0	0	α2a
Papineschi, 1994 <sup>73</sup>	11	9 (82)	8 (73)	NA	NA	α2a
Sacchi, 1994 <sup>74</sup>	22	21 (95)	21 (95)	0	0	hl-IFN
Muller, 1995 <sup>75</sup>	15	7 (47%)	NA	4 (27%)	6 (40%)	α2b
Taylor, 1996 <sup>76</sup>	17	14 (82)	9 (53)	2 (12%)	6 (35%)	NA
Foa, 1998 <sup>77</sup>	38	19 (50)	11 (29)	11 (29%)	16 (42%)	α2a
Gilbert, 1998 <sup>78</sup>	31	NA	NA	NA	7 (23%)	α2b
Stasi, 1998 <sup>79</sup>	18	17 (94)	11 (61)	0	NA	hl-IFN
Heis, 1999 <sup>80</sup>	32	28 (87)	2 (6%)	4 (12%)	10 (31%)	NA
Radin, 2003 <sup>81</sup>	12	5 (42)	1 (8)	NA	NA	NA
Silver, 2006 <sup>34</sup>	55	55 (100)	53 (96)	NA	8 (14%)	α2a, α2b
Samuelsson, 2006 <sup>82</sup>	21	7/9 (78)	4/9 (44)	NA	7/23 (30%)	peg-α2b
Kiladjian, 2008 <sup>23</sup>	37	37 (100)	36 (97)	3 (8%)	13 (35%)	peg-α2a
Total	349	260/318 (82%)	182/303 (60%)	27/227 (12%)	82/281 (29%)	

NA: data not available, PHL: phlebotomy, hl-IFN: human leukocyte interferon.

# **Clinical Studies - ET**

# Clinical Studies - ET

Author, year	Number of patients	Response rate (%)	Discontinuation n (%)	Type of IFN
Bellucci, 1988 <sup>27</sup>	12	NA	4 (33)	$\alpha$ 2a
Giles, 1988 <sup>28</sup>	18	100	0	$\alpha$ 2a and $\alpha$ 2b
Gugliotta, 1989 <sup>44</sup>	10	100	NA	$\alpha$ 2a
Lazzarino, 1989 <sup>45</sup>	26	86	9 (35)	$\alpha$ 2b
Giralt, 1991 <sup>46</sup>	13	69	NA	$\alpha$ 2b
Gisslinger, 1991 <sup>47</sup>	20	85	10 (50)	$\alpha$ 2c
Sacchi, 1991 <sup>48</sup>	35	85	4 (11)	$\alpha$ 2b
Turri, 1991 <sup>32</sup>	10	70	1 (10)	$\alpha$ 2a
Seewann, 1991 <sup>49</sup>	19	80	6 (30)	$\alpha$ 2b
Kasparu, 1992 <sup>50</sup>	14	86	0	$\alpha$ 2b
Rametta, 1994 <sup>51</sup>	25	92	NA	$\alpha$ 2b
Berte, 1996 <sup>52</sup>	12	83	NA	$\alpha$ 2a and $\alpha$ 2b
Sacchi, 1998 <sup>53</sup>	11	100	1 (9)	$\alpha$
Radin, 2003 <sup>41</sup>	17	88	NA	$\alpha$ 2
Alvarado, 2003 <sup>54</sup>	11	100	2 (18)	peg- $\alpha$ 2b
Saba, 2005 <sup>55</sup>	20	75	3 (15)	$\alpha$ 2a
Langer, 2005 <sup>56</sup>	36	75	13 (36)	peg- $\alpha$ 2b
Samuelsson, 2006 <sup>43</sup>	21	70	11 (55)	peg- $\alpha$ 2b
Jabbour, 2007 <sup>57</sup>	13	70	NA	peg- $\alpha$ 2b
Total	343	84	23	

Abbreviations: IFN, interferon; NA, data not available.

# **Clinical Studies - PMF**

# Clinical Studies - PMF

Author, year	Number of patients	Response rate (%)	Spleen size reduction (% of patients)	Discontinuation (%)	Type of IFN
Gilbert, 1998 <sup>38</sup>	22	NA	58	46	$\alpha$ 2b
Tefferi, 2001 <sup>58</sup>	11	0	18	64	$\alpha$ 2
Heis-Vahidi-Fard, 2001 <sup>59</sup>	9	0	20	67	$\gamma$
Radin, 2003 <sup>41</sup>	31	3	33	NA	$\alpha$ 2
Jabbour, 2007 <sup>57</sup>	11	9	NA	26	peg- $\alpha$ 2b
Total	84	3	32	51	

Abbreviations: IFN, interferon; NA, data not available.

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Total	84	3	32	51	

Abbreviations: IFN, interferon; NA, data not available.

# Clinical Studies - standard IFN- $\alpha$

- ✓ IFN- $\alpha$  is an effective agent for treating PV and ET
- ✓ Recommended in PV and ET patients < 40 years

*Barbui, Haematologica, 2004*

*McMullin, BJH, 2005*

- ✓ Non leukemogenic

*Silver, Semin Thromb Hemost, 2006*

*Schafer, NEJM, 2004*

*Finazzi, Blood, 2007*

*Mesa, Hematology, 2007*

*Vannucchi, CA Cancer J Clin, 2009*

*Cervantes, Eur J Haematol, 2007*

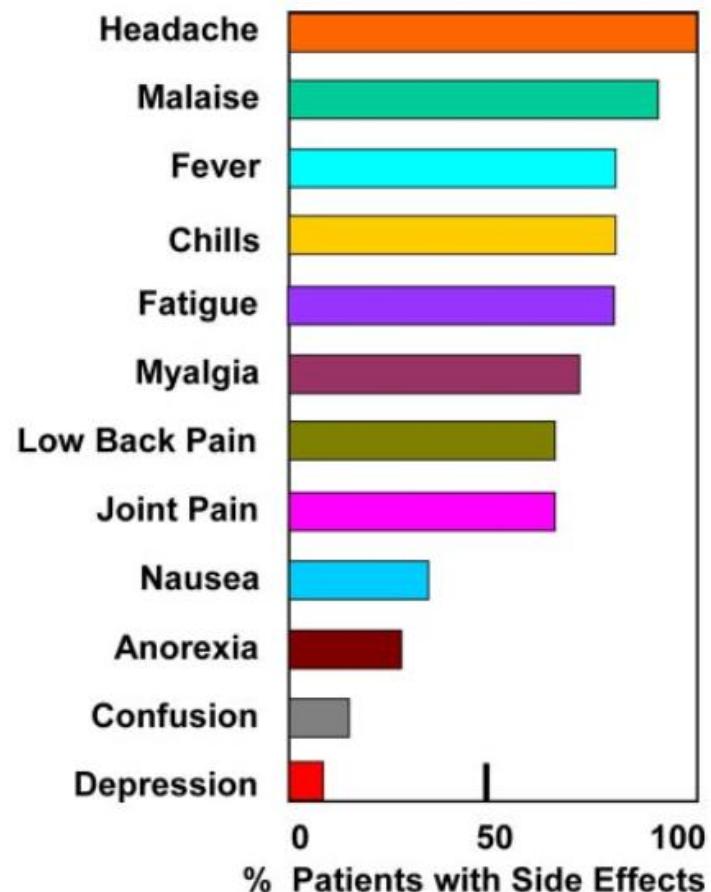
*Penninga, Drugs, 2006*

*Spivak, Blood, 2002*

*McMullin, Hematol Oncol, 2007*

*Birgegard, Ann Hematol, 2008*

# Clinical Studies - standard IFN- $\alpha$



# Pegylated IFN- $\alpha$

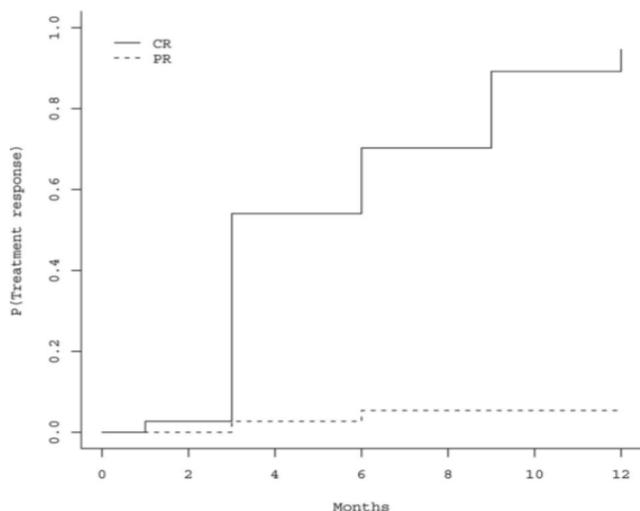
- ✓ PEG-conjugated, increases serum half-life
- ✓ Weekly administration, better compliance
- ✓ Peg-IFNa has better efficacy than standard IFNa in hepatitis C
- ✓ Peg-IFNa-2b is effective in ET, no clear advantage in terms of toxicity

*Langer, Haematologica, 2005; Gugliotta, ASH, 2005*

# Peg-IFN $\alpha$ -2a in MPN

## ✓ Hematologic responses

PVN-1 (PV n=37)	
CR	91%
PR	9%
Failure	0%



# Peg-IFN $\alpha$ -2a in MPN

## ✓ Toxicity

	PVN-1 (PV n=37)	PV + ET (n=76)
Total AEs	89%	96%

# Peg-IFN $\alpha$ -2a in MPN

- ✓ Toxicity

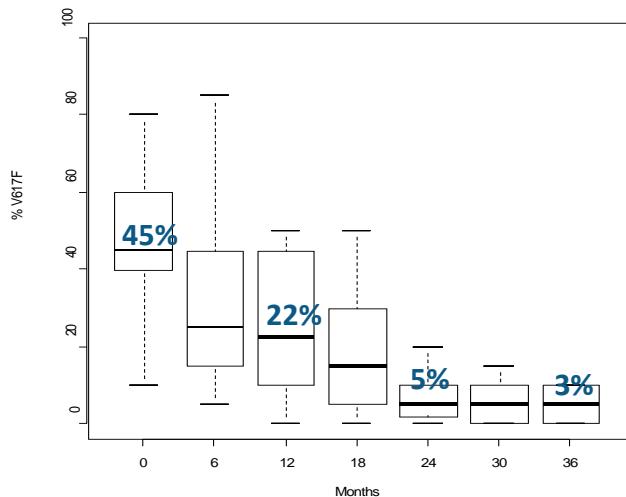
	PVN-1 (PV n=37)	PV + ET (n=76)
Total AEs	89%	96%
Discont. for tox	8%	10%
Discont. total	35%	22%

- ✓ Start at low dose

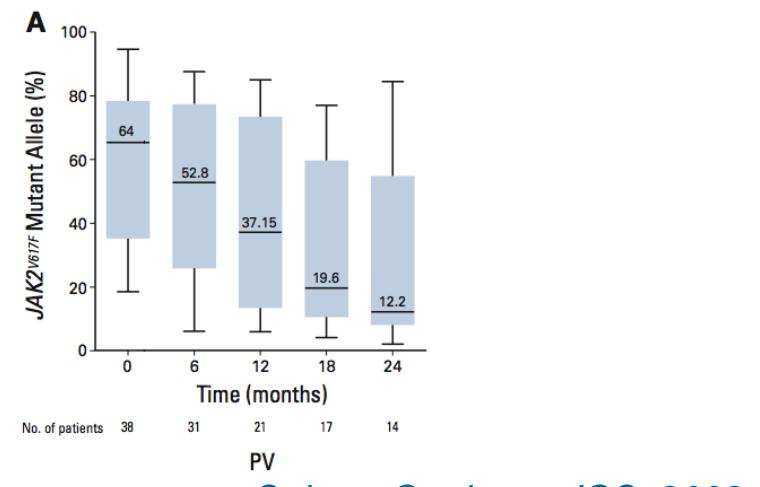
# Peg-IFN $\alpha$ -2a in MPN

## ✓ Molecular responses

	PVN-1 (3 yrs FU)	PV (2 yrs FU)	ET (2 yrs FU)
CMR	7/29 (24%)	5/35 (14%)	1/16 (6%)
PMR	14/29 (48%)	11/35 (31%)	2/16 (13%)
Minor MR	5/29 (17%)	3/35 (9%)	3/16 (19%)
No response	3/29 (10%)	16/35 (46%)	10/16 (62%)%



Kiladjian, Blood, 2008

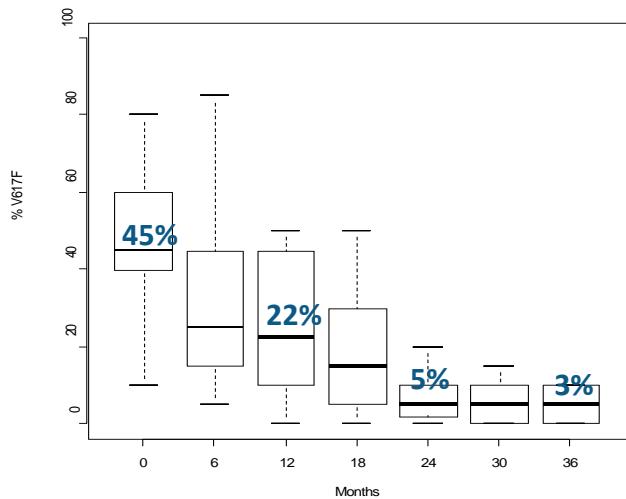


Quintas Cardama, JCO, 2009

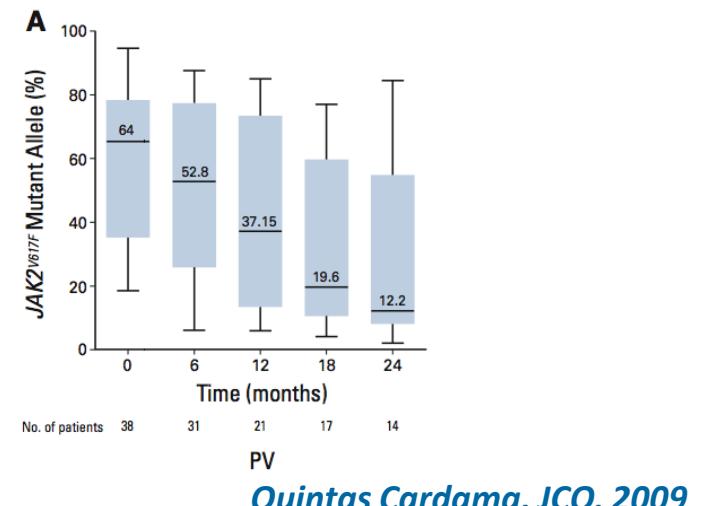
# Peg-IFN $\alpha$ -2a in MPN

## ✓ Molecular responses

	PVN-1 (3 yrs FU)	PV (2 yrs FU)	ET (2 yrs FU)
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Kiladjian, Blood, 2008



# PVN-1 - Update

(median FU: 55 months)

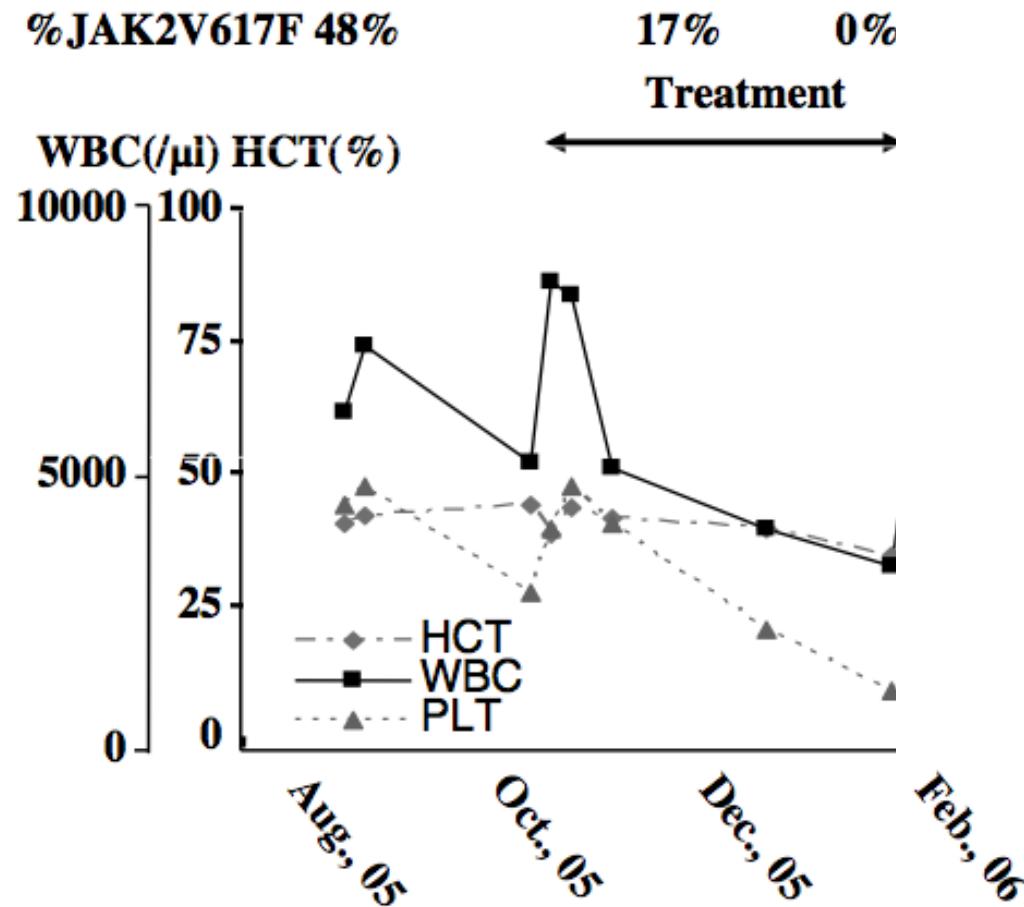
- ✓ Complete Molecular responses
- ✓ 9/29 (31%) patients
  - 4 still in mol-CR (19 - 42+ months)
  - 1 off-therapy for 26 months
- ✓ 5 molecular relapses, all in hematological CR

# New question

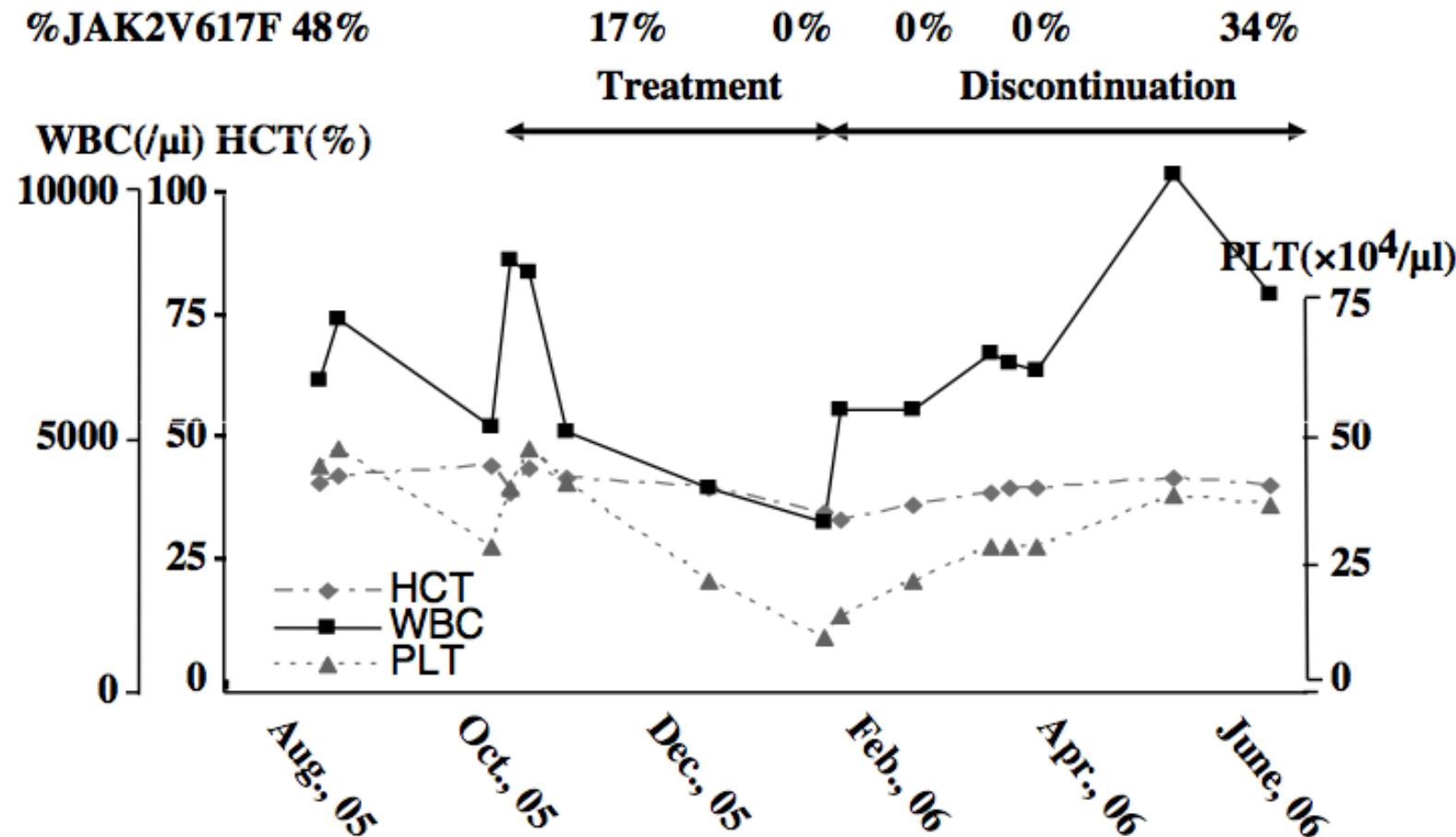
Complete disappearance of JAK2V617F in  
peripheral blood granulocytes:

*Is the JAK2-mutated clone eradicated?*

# Evolution of the JAK2V617F clone

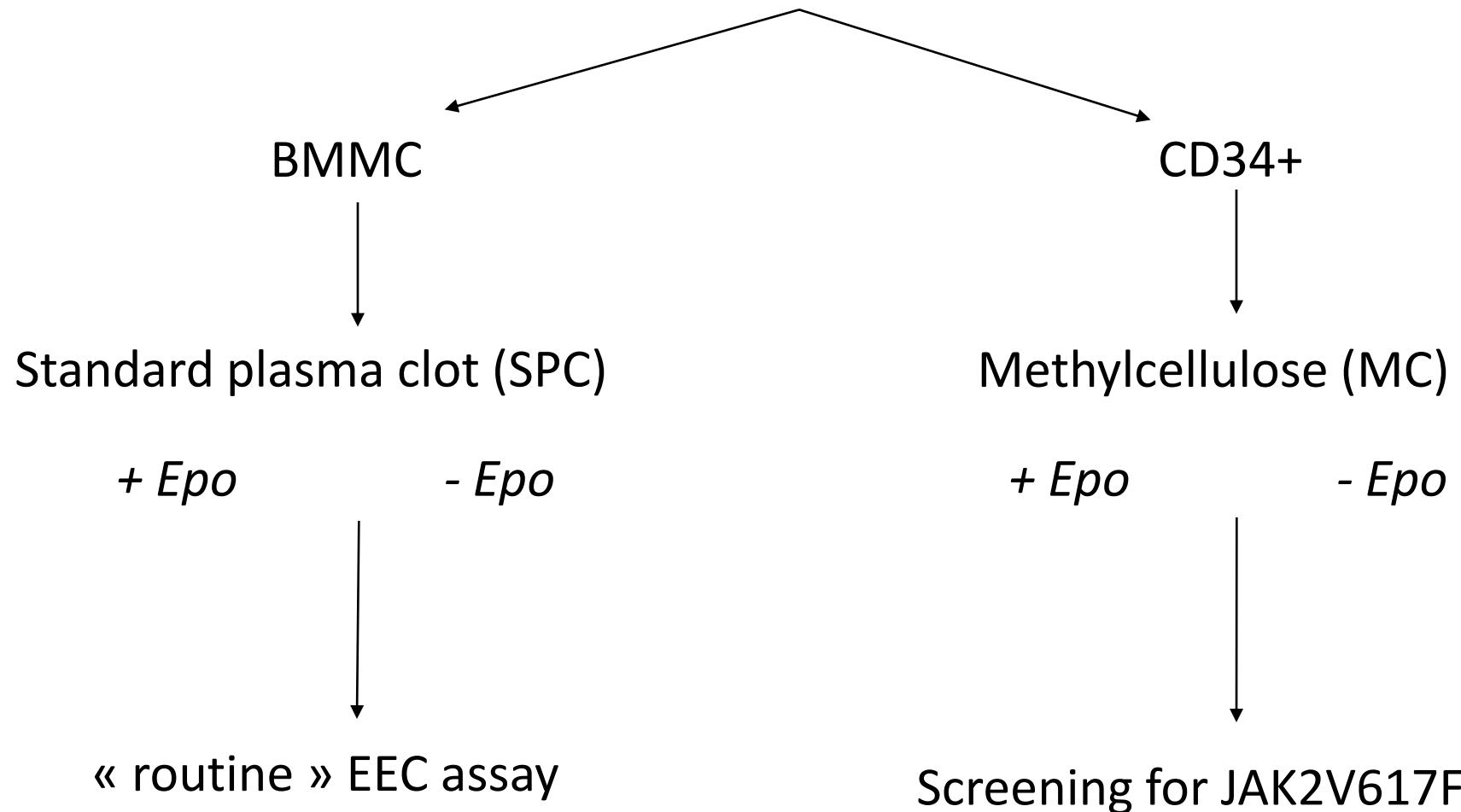


# Evolution of the JAK2V617F clone



# Evolution of the JAK2V617F clone

Bone marrow at time of molecular CR  
in 5 patients treated with peg-IFN alfa-2a



# Evolution of the JAK2V617F clone

MC assay (CD34+)

In 1 patient, all colonies (with and without EPO) were V617F-neg

Patient	EEC	Colonies +Epo	%	V617F in EEC	V617F in col. +Epo
1	1	41	2.4	0 / 5	0 / 109
2	0	23	0	-	1 / 64
3	1	17	5.8	4 / 9	3 / 80
4	2	44	4.5	0 / 26	2 / 117
5	4	75	5.3	1 / 28	9 / 156

# Evolution of the MPN clone

JAK2-mutated cells: just a sub-clone?

# Evolution of the MPN clone

JAK2-mutated cells: just a sub-clone?

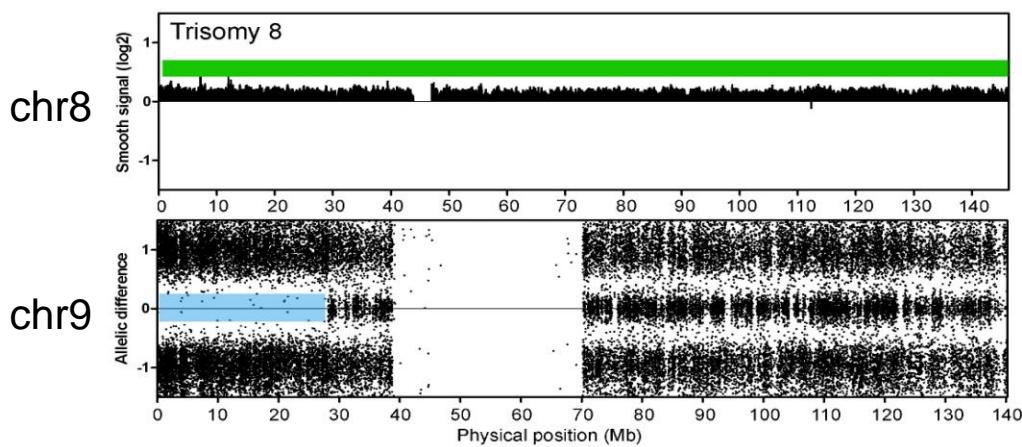
Before IFN

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JAK2 V617F: 100%

Trisomy 8

9pUPD



Affymetrix SNP 6.0 microarray analysis, granulocyte DNA

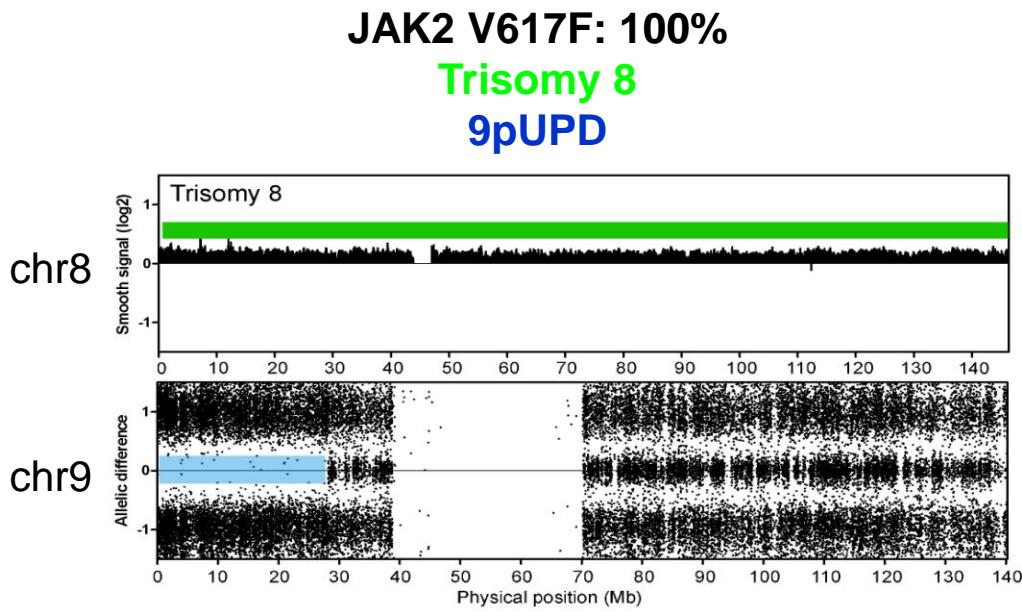
gain  
UPD

R. Kralovics

# Evolution of the MPN clone

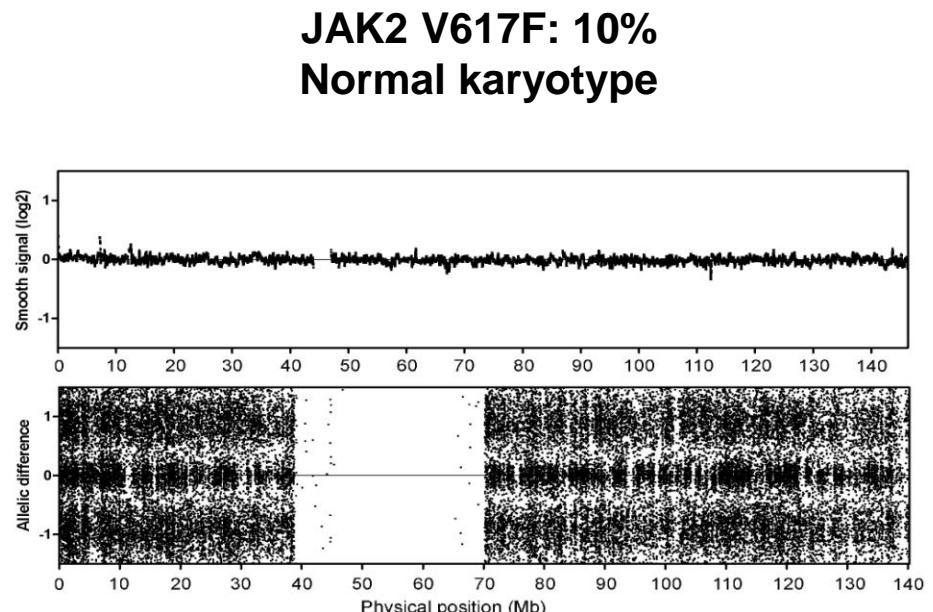
JAK2-mutated cells: just a sub-clone?

Before IFN



gain  
UPD

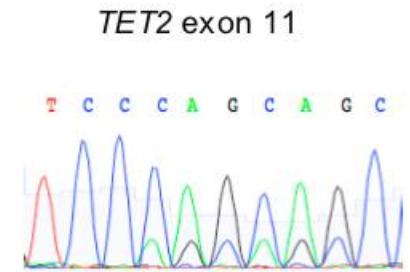
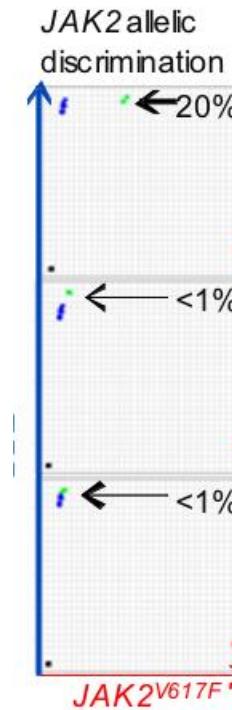
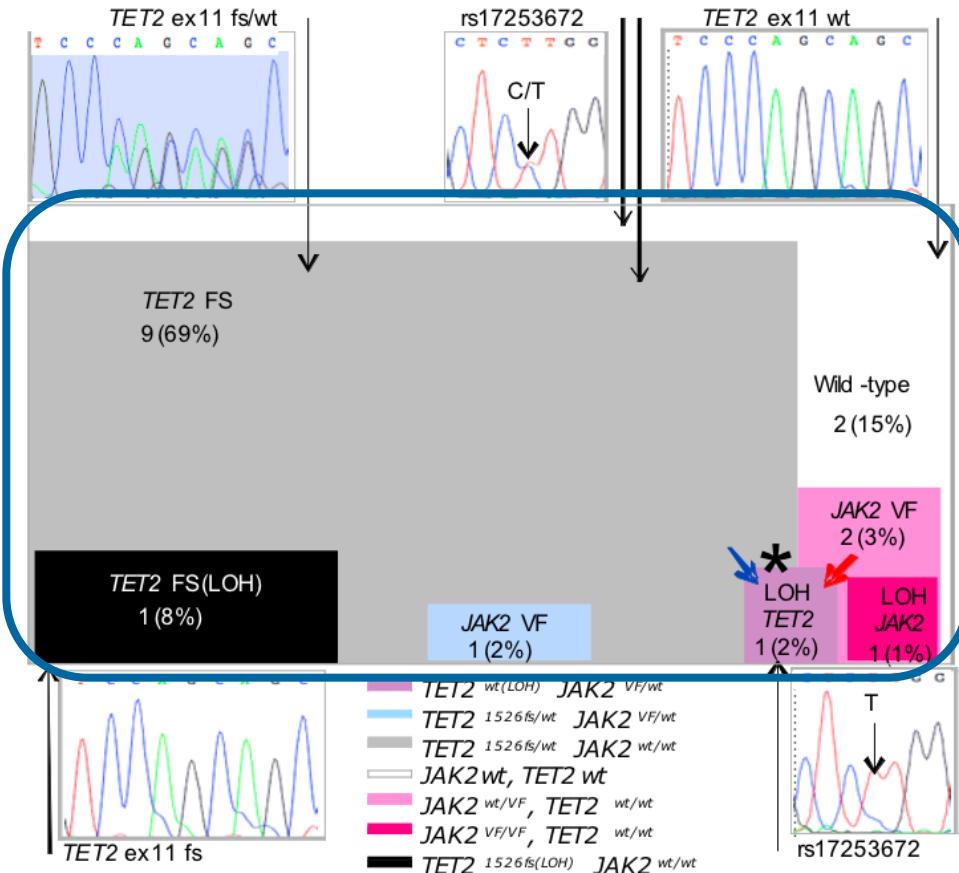
After IFN



R. Kralovics

# Evolution of the MPN clone

JAK2-mutated cells: just a sub-clone?

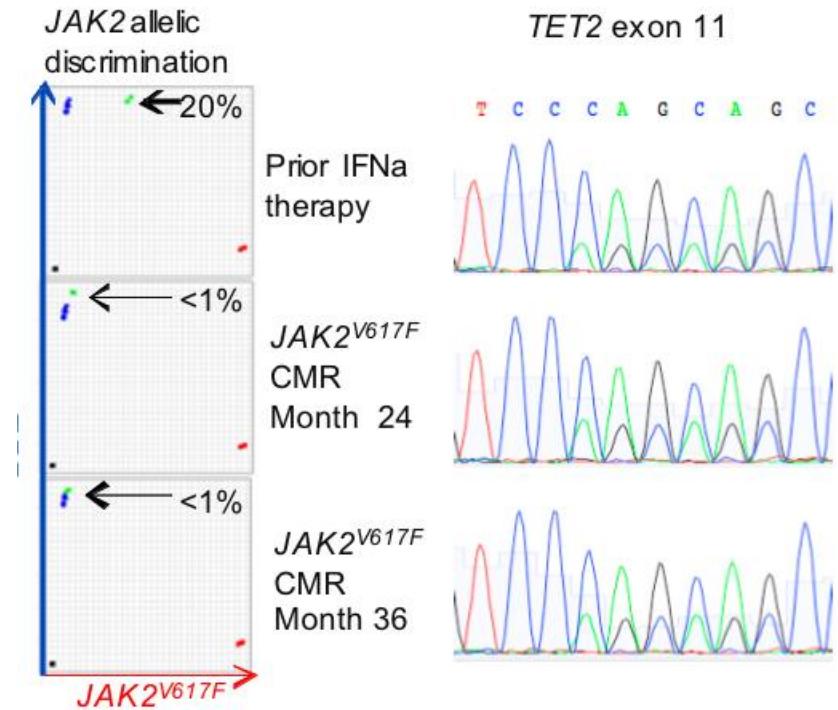


# Evolution of the MPN clone

JAK2-mutated cells: just a sub-clone?

- ✓ *TET2* mutated cells IFNa-resistant?
- ✓ Different stem cell compartment?
- ✓ Back to “pre-proliferative” state?

*Schaub et al., Blood 2010*



*Kiladjian et al., Leukemia, 2010*

# PVN-1 - Update

✓ IFN discontinuation: 19 patients (54%)

✓ 9 (26%) for toxicity

median time on IFN: 12 months

immune disorder (n=2, auto-Abs)

allergy (n=2)

neutropenia (n=1) after 9 months

depression, fatigue (n=1) after 14 months

peripheral neuropathy (n=1) after 12 months

liver enzyme elevation (n=1) after 12 months

arthralgia (n=1) after 27 months

# PVN-1 - Update

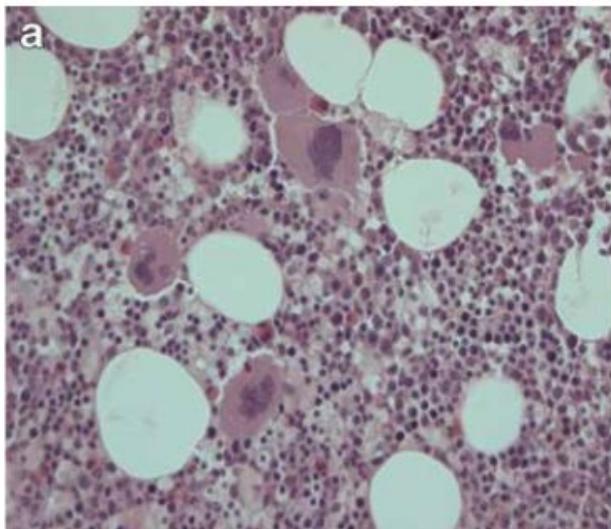
- ✓ IFN discontinuation: 19 patients (54%)
- ✓ 9 (26%) for toxicity
- ✓ **8 (23%) for sustained hematological CR**
  - median peg-IFN therapy: 31.5 months (15 - 43)
  - 7/8 still in hematol-CR, 1 PR (500 000 platelets)
  - 7/8 patients off RX for 25 mos median (max: 60)
    - 3 mol-CR
    - 1 still in mol-CR for 35+ months
    - 2 mol. relapses after 6 months negativity
    - last %V617F: 0 in 1, 5% in 4, 10% in 1, 20% in 1

# PVN-1 long term results

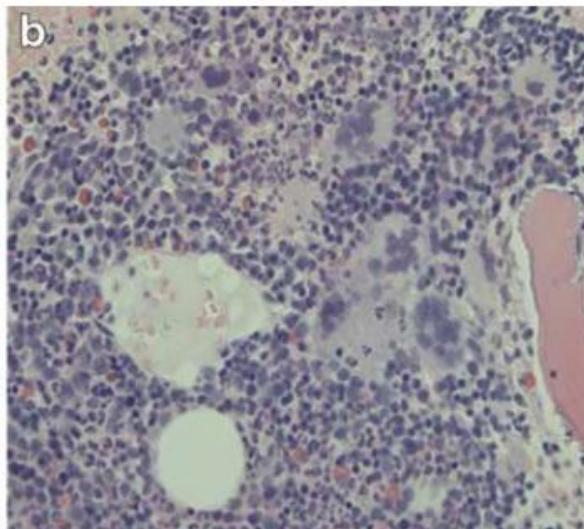
- ✓ After 55 months median follow up, 46% of patients are still treated with peg-IFN $\beta$ -2a, without new safety concern
- ✓ About 1/4 of patients have stopped peg-IFN $\beta$ -2a for toxicity, but also 1/4 for sustained remission
- ✓ 20% of patients are in clinical remission off cytoreductive therapy for 25+ months median (up to 60 months), without clear correlation with molecular response
- ✓ Expected vascular events: 8; Observed: 0... (*R. Silver*)

# Bone marrow response

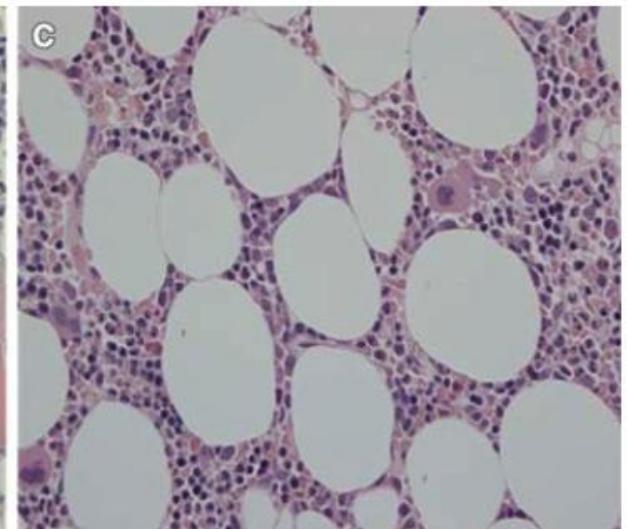
Diagnosis



Pre-IFN



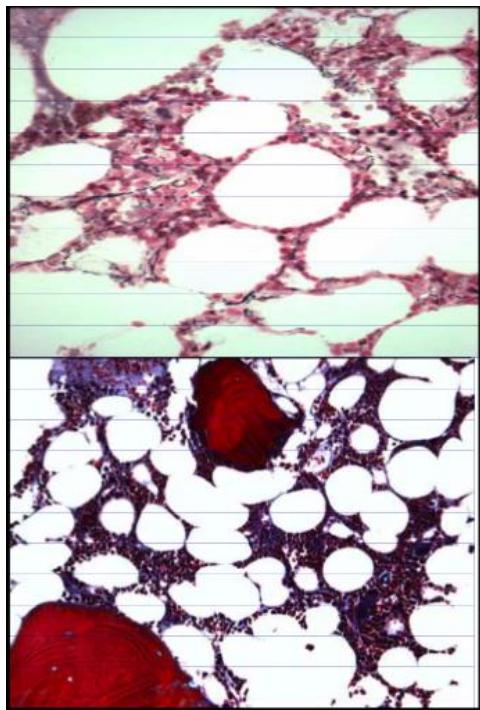
Post-IFN



PV

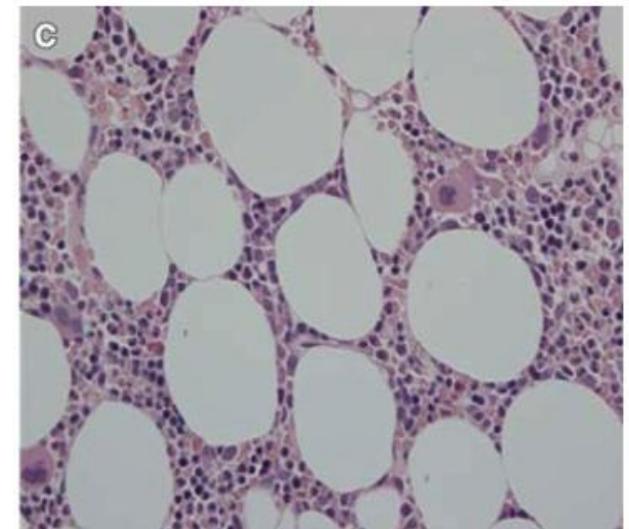
Larsen, Ann Hematol, 2008

# Bone marrow response



**PMF**

*Silver, Leukemia, 2009*



**PV**

*Larsen, Ann Hematol, 2008*

# Advantages of IFN $\square$ in MPN

- ✓ Reduction of the MPN clone
- ✓ Clinical remissions without cytoreductive therapy
- ✓ Reduce incidence of vascular events?
- ✓ Alter natural history of MPN (evolution to MF, MDS, AL)?

## Philadelphia-Negative Classical Myeloproliferative Neoplasms: Critical Concepts and Management Recommendations From European LeukemiaNet

*Tiziano Barbui, Giovanni Barosi, Gunnar Birgegard, Francisco Cervantes, Guido Finazzi,  
Martin Grieshammer, Claire Harrison, Hans Carl Hasselbalch, Rudiger Hehlmann, Ronald Hoffman,  
Jean-Jacques Kiladjian, Nicolaus Kröger, Ruben Mesa, Mary F. McMullin, Animesh Pardanani,  
Francesco Passamonti, Alessandro M. Vannucchi, Andreas Reiter, Richard T. Silver, Srdan Verstovsek,  
and Ayalew Tefferi*

*In high risk PV: “Either hydroxyurea or IFN- $\alpha$  is first-line  
cytoreductive therapy at any age”*

# **IFN in MPN**

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- ✓ Clinical trials of IFN in MPNs
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# New questions

## ✓ Mechanisms of action of IFN?

### ➤ Direct effect on hematopoiesis

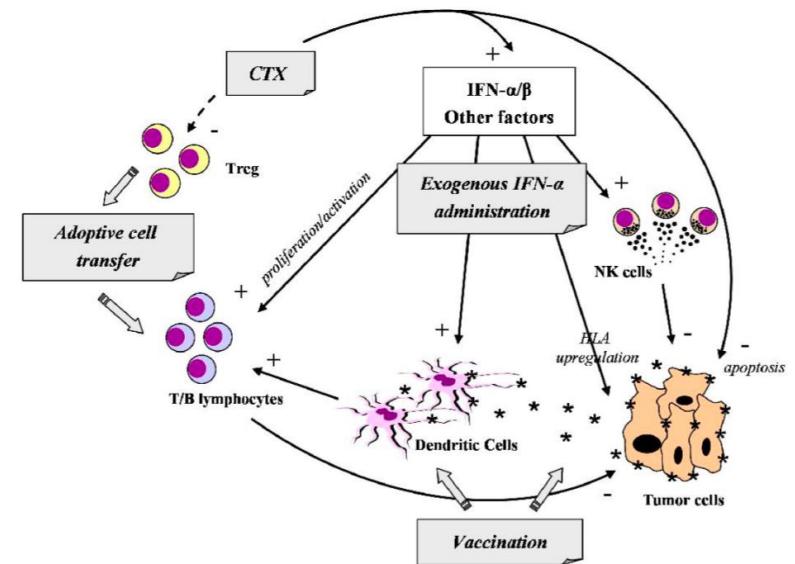
- ✓ inhibition of proliferation
- ✓ MPL signaling modulation

### ➤ Immune-mediated?

- ✓ PV-associated tumor Ag (*Xiong, Clin Immunol, 2007*)

### ➤ Impact on stem cells?

- ✓ Dormant hematopoietic stem cells (*Essers, Nature, 2009; Sato, Nat Med, 2009*)



# New questions

- ✓ Reduction of the malignant clone:
  - ✓ Impact on long-term survival?
  - ✓ Reduction of vascular risk?
  - ✓ Diminution of evolution to MF, MDS, AL?

# New questions

## ✓ Is Peg-IFN®-2a the new treatment standard for MPN?

Phase 2 open label peg-IFNa-2a (MPD-RC 111) - n= 168

- Salvage therapy of PV and ET HU resistant or intolerant,  
(+ subset splanchnic vein thrombosis)
- Evaluate ability of peg-IFN to achieve CR or PR (*ELN*)

# New questions

## ✓ Is Peg-IFN®-2a the new treatment standard for MPN?

Phase 3 randomized trial (MPD-RC 112) - n= 612

- High risk PV and ET, treatment naive, peg-IFN vs. HU
- Primary objective: CR rates (*ELN criteria*)
- Secondary objectives:
  - Toxicity, Biomarkers (JAK2 V617F, clonality, BM, cytogenetics)
  - QoL - MPN-SAF (R. Mesa), Survival, Evolution to MF, MDS, or AL
  - Cardiovascular events



B. Cassinat  
M.L. Menot  
G. Massonnet  
C. Chomienne

*S. Dupont*  
F. Delhommeau  
J.L. Villeval  
W. Vainchenker



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